



Ronald McDonald  
House Charities®  
of Central Illinois

# Peoria Volunteer Opportunities

## FRONT DESK VOLUNTEER

- Assist families and visitors with any questions
- Answer the phone and door
- Receive and process donations
- Must be at least 18 years old

Contact: [peoriavolunteers@rmhc-centralillinois.org](mailto:peoriavolunteers@rmhc-centralillinois.org) | (309) 401-2525

## LAUNDRY VOLUNTEER

- Help with laundry of house linens
- Perform various indoor and outdoor cleaning activities
- Sort and put away donations

Contact: [peoriavolunteers@rmhc-centralillinois.org](mailto:peoriavolunteers@rmhc-centralillinois.org) | (309) 401-2525

## FAMILY SERVICES SUPPORT VOLUNTEER

- Help maintain cleanliness in common areas, kitchens, and guest rooms.
- Prepare and serve meals for families, following food safety guidelines.
- Assist at the Front Desk by answering phones, front door and complete basic office work.
- Must be at least 18 years old

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## FACILITIES & MAINTENANCE

- Perform routine preventative maintenance (ex. change air filters)
- Help with gardening and grounds upkeep
- Assist facilities manager with other maintenance tasks as needed

Contact: [jjefferies@rmhc-centralillinois.org](mailto:jjefferies@rmhc-centralillinois.org)

## MEALS FROM THE HEART HOST

- Assist groups providing dinner for RMHC families
- Familiarize groups with kitchen guidelines, organization, and cleanup

Contact: [peoriameals@rmhc-centralillinois.org](mailto:peoriameals@rmhc-centralillinois.org) | (309) 401-2525

## MEALS FROM THE HEART DINNER

- Provide dinner for current RMHC families
- Meals may be prepared at RMHC or catered through a commercially licensed kitchen

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## VOLUNTEER DEPARTMENT SUPPORT

- Assist with scheduling and coordinating volunteer
- Assist with sending emails, newsletters, and other communications to volunteers
- Help with data entry and reporting, tracking volunteer participation, and engagement.

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Requires a weekly, bi-weekly, or monthly commitment



Requires criminal background check.



Great group opportunity

SCAN TO SIGN UP



Want to help but unsure how? Contact us for personalized opportunities!

401 NE Monroe St, Peoria | Free parking available onsite